

DR. DARREN DAHLMAN INC.
ORAL & MAXILLOFACIAL SURGERY

INSTRUCTIONS BEFORE INTRAVENOUS SEDATION

In order to make your next visit to our office as comfortable and easy for you as possible, we offer you this list of reminders.

1. **DO NOT EAT OR DRINK ANYTHING** (not even water) after midnight the night before your surgery, or for at least 8 hours prior to your appointment.
2. You **MUST** bring a responsible adult with you who will be able to drive you home and remain with you at **CARRINGTON DENTAL** during your appointment and after surgery. You must provide us with their name and phone number. A parent or legal guardian must accompany minors.
3. Wear a short sleeved shirt and comfortable loose-fitting clothes.
4. You may take your regular morning medications with a **SMALL** sip of water (after your consultation with Dr. Dahlman).
5. No herbal/naturopathic remedies for 2 weeks prior to surgery.

**Failure to comply with these instructions could result in a delay of your surgery.

Please provide a minimum of 2 weeks notice for cancellations to avoid the loss of your chair deposit**

INSTRUCTIONS AFTER INTRAVENOUS SEDATION

Following intravenous sedation, it may take several hours for the full effects of the drugs to wear off. Please follow these recommendations:

1. Remain at home, resting quietly for the remainder of the day.
2. If you feel dizzy, immediately lie flat down until the dizziness is gone.
3. **DO NOT** drink alcohol for 48 hours after surgery or while taking pain medications.
4. **DO NOT** operate a motor vehicle, power tools or machinery for 24 hours after surgery.
5. **DO NOT** sign or enter any legal contracts for 24 hours after surgery.